

Nutrition Facts:**Serving Size: 2 scoops Servings Per Container: 22****Amount Per Serving: 62g**

		% DV
Calories:	382	
Calories From Fat:	18	
Fat	2g	9%
Cholesterol	50mg	17%
Sodium	250mg	10%
Potassium	875mg	100%
Carbohydrate	55g	20%
Dietary Fiber	4g	12%
Sugars	1g	
Protein	35g	64%
Chia extract	500mg	4%

Vitamins:

Vitamin A:	65%
Vitamin C:	100%
Vitamin E:	100%
Thiamin:	60%
Riboflavin:	65%
Niacin:	60%
Vitamin B6:	60%
Folate:	65%
Vitamin B12:	70%
Biotin:	65%
Pantothenic Acid:	65%

Minerals:

Calcium:	80%
Iron:	60%
Phosphorus:	75%
Iodine:	70%
Magnesium:	70%
Zinc:	70%
Selenium:	70%
Copper:	70%
Manganese:	70%
Chromium:	70%
Molybdenum:	70%
Chloride:	10%